

# SEATTLE FESTIVAL OF DANCE IMPROVISATION

SCHEDULE SUBJECT TO CHANGE

SUNDAY JULY 30 REGISTRATION 6-7pm at Velocity // OPENING CIRCLE 7pm in Founders // OPENING JAM 8-10pm in Founders  
 SUNDAY AUG 6 CLOSING JAM 10am-1pm in Founders // CLOSING CIRCLE 1pm in Founders // POTLUCK 2:30pm at Cal Anderson Park

		MONDAY, JUL 31	TUESDAY, AUG 1	WEDNESDAY, AUG 2	THURSDAY, AUG 3	FRIDAY, AUG 4	SATURDAY, AUG 5					
<b>9:00-11:00 am</b>	<b>Century</b>	7:30 - 8:30am CONTEMPLATIVE DANCE PRACTICES (CDP) Kawasaki			7:30 - 8:30am CONTEMPLATIVE DANCE PRACTICES (CDP) Kawasaki							
	<b>Founders</b>	<b>MORNING SOMATIC INTENSIVE (no drop-ins)</b> <b>Void And The Emergence Of Forms / ANDREW MARCUS</b> We introduce a practice of contact with the felt senses, their interaction and combination in response to objects of perception. Emergent structural differentiation and spatial/temporal relations prioritize the transitional, or the between state—often identified by that which it is not. Therein we lay the ground of the intersubjective field, toward actions in worlds.			<b>MORNING SOMATIC INTENSIVE (no drop-ins)</b> <b>Void And The Emergence Of Forms / ANDREW MARCUS</b>			<b>The felt experience / JOE GOODE</b> Together we will explore a performance practice rooted in deep feeling and awareness.				
	<b>Kawasaki</b>	<b>Honest Reactions to Imaginary Situations / RAJA FEATHER KELLY</b> Physical and verbal conversations on pop-culture and the human condition.	<b>Contact as an Act of Resistance / ANYA CLOUD</b> We'll set boundaries, take risks, and sweat to increase our aesthetic and sensorial range. Responsive resistance offers inquiry, transgression, and generosity within our dancing. We'll cultivate radical aliveness in extreme and surprising ways.	<b>who's (NOT) here? what's (NOT) happening? / JOHN DIXON</b> We'll play with the switch between the known and unknown to lose ourselves in the fluctuations of identity, desire, connection, confusion and the oscillating energies in the space between us.	<b>Feldenkrais for the Dancing Imagination / SHERI COHEN</b> We'll mix Feldenkrais® Awareness Through Movement® (slow, subtle and profound guided movement explorations), with some gentle hands-on support from partners, to bring ourselves to deep rest, full imagination and potent action.			<b>Causing It Only A Little / KAREN NELSON</b> Refresh felt experience of gravity in ordinary movement. In solo + partnership, attend to falling, momentum, and reflex of balance. Play with a larger, expanded relationship between ourselves and earth. Open to all.	<b>Get In and Get Out / ANGIE HAUSER</b> In this class we will practice CI. Our focus will be on improvising while maintaining touch with another person: dancing together. We will dance with questions of endurance, duration, curiosity, fear, social dynamics, leading and following.			
	<b>Steward</b>	<b>spiral / slide / slough / ride / MIKE HODAPP</b> We'll explore the floorwork technique that undergirds our CI dancing. We'll utilize spirals, slides, and extension to more effortlessly share weight into and out of the ground. Open to all.	<b>BODY = teacher / dancer witch / HILARY CLARK</b> Through improvisations and proposed structures, we will consider the choices we make in dancing. Let's interrogate our known methods for moving and making while we look to memory, vulnerability and rebellion.	<b>Early ideas, formal forms, creative Contact Improvisation / ANNE COOPER</b> Enter into contact improvisations that are true to the dance at hand, and practice formal forms learned from Peter Bingham/EDAM and Steve Paxton (Material for the Spine).	<h2>DAY OF REST + PERFORMANCES</h2>			<b>Time is an ally / KRIS WHEELER</b> Take time while performing improvisation. Use time to deepen your felt and aesthetic grasp of the moment. Kris will draw on Skinner Releasing and other attentional practices to playfully support solos, duets and group dances.	<b>Dancing Embodiment / HARUKO CROW NISHIMURA</b> Investigate the subtle and extreme manifestations of our energies, discover how to work with them, follow our curiosity and find ways to go deeper into even the simplest of our movements and gestures.			
	<b>MORNING OFF SITE INTENSIVE (no drop-ins)</b> <b>The Poetics of Resistance / TAISHA PAGGETT</b> How do people of color and bodies on the margins endure in these times? This intensive employs improvisation, in and out of contact, as a strategy for reconceptualizing ideas of resistance.			<b>MORNING OFFSITE INTENSIVE (no drop-ins)</b> <b>The Poetics of Resistance / TAISHA PAGGETT</b>				<b>Resistance lives in the spine / TAISHA PAGGETT</b> This contact-focused class draws on a selection of practices from the School for the Movement of the Technicolor People and is a truncated version of the intensive, Poetics of Resistance. Open to all.				
<h3>MID-DAY INTENSIVES</h3> <b>11:30 am - 1:45 pm</b> except WED + THURS (no drop-ins)		<b>Century: The Felt Experience / JOE GOODE</b> Together we will explore a performance practice rooted in deep feeling and awareness. Dive into the lush territory of embodied action. Each practice session begins with a deep acknowledgement of where the body is, and then slowly moves into some improvisation and simple steps toward "making."			<h3>CONTINUED MID-DAY INTENSIVES</h3> <b>11:30 am - 1:45 pm</b> (no drop-ins)							
		<b>Founders: Poetics of Contact / ANGIE HAUSER</b> This is a workshop for dancers who are committed to expanding their understanding and practice of Contact Improvisation. Our focus will be to deepen our physical skills while linking perceptual awareness with a poetic imagination. This class combines highly energized physical practices with detailed awareness work that is informed by Hauser's years of research into the form of contact improvisation, contemporary dance forms, and the imagination.										
<b>3:15 - 5:15 pm</b>		<b>Century</b>	<h3>EXTENDED INTENSIVE CLASSES</h3> <b>11:30 am - 5:15 pm</b> (no drop-ins)			<h3>DANCE INNOVATORS IN PERFORMANCE</h3> <b>12pm /</b> <b>Research in Performance</b> Erickson Theater  <b>1pm /</b> <b>Conversations</b> Erickson Lobby  <b>2:30-5pm /</b> <b>Research in Performance</b> Founders Theater  <b>5:30pm /</b> <b>Research in Performance</b> Erickson Theater  <b>6:30pm /</b> <b>Conversations</b> Erickson Lobby						
		<b>Founders</b>							<b>It is just the beginning, and it may last forever / ALICE GOSTI</b> We will investigate durational performance, asking: How long does it go? What if it lasts forever? Using improvisational scores and task-based movement we'll challenge time as we know it.	<b>Honest Reactions to Imaginary Situations / RAJA FEATHER KELLY</b> Physical and verbal conversations on pop-culture and the human condition.	<b>Creative Process Drop-In / KEYON GASKIN</b> <i>More info coming soon!</i>	<b>Void and the Emergence of Forms / ANDREW MARCUS</b> Emergent structural differentiation and spatial/temporal relations prioritize the transitional, or the between state—often identified by that which it is not. Therein we lay the ground of the intersubjective field.
		<b>Kawasaki</b>							<b>Oops, You Dropped Something: Stories in CI / KATHERINE COOK</b> We'll use CI to tell our deeply human stories: of anger, sorrow, joy, confusion, frustration, delight, or despair. We'll explore how the physicality of CI can claim these wild territories as part of our experience.	<b>Diversity in Dancing: Start Where You Are / DIVERSE DIVINERS (class until 6pm)</b> Calling all movers of diverse identity, ability + humanity to explore, share and enjoy their unique embodied connection and current expression. The class includes deepening into sensing, perception, creation, composition + communication.	<b>Resonant Action / CHRIS AIKEN</b> In this class we will explore ways of tuning ourselves, our perceptions, our readiness to move, our emotional state, and the concepts that define our experience.	<b>Honest Reactions to Imaginary Situations / RAJA FEATHER KELLY</b> Physical and verbal conversations on pop-culture and the human condition.
<b>EVENING EVENTS</b>		<b>CI FUNDAMENTALS INTENSIVE (no drop-ins)</b> <b>Dancing With The Bodies That We Have / ANYA CLOUD</b> We will tackle and question what is fundamental to Contact Improvisation. We will cultivate our Contact Bodies through practical and intangible approaches. And notice what becomes possible. This intensive is open and available for every body.			<b>CI FUNDAMENTALS INTENSIVE (no drop-ins)</b> <b>Dancing With The Bodies That We Have / ANYA CLOUD</b>			<b>A wild and tender terrain / TAMIN TOTZKE</b> In this contact class we explore the relationship between dynamic tone and sharing weight. In solo we examine how tone inhabits sensations, impulses and desires that translate into rich weight sharing duets.				
		<b>7-11pm / Jam and Open Space</b> Founders + Kawasaki + Steward	<b>7-11pm / Jam and Open Space</b> Founders + Kawasaki + Steward	<b>6-8:30pm / Conversation</b> <b>LIGHTNING TALKS + ROUND-TABLE</b> Founders  <b>8:30pm-12am / Jam and Open Space</b> Founders + Kawasaki + Steward	<b>8pm / Performance</b> <b>HISTORY OF CONTACT IMPROVISATION THROUGH THE BODY</b> Founders  <b>10-11:30pm / Jam and Open Space</b> Founders + Kawasaki + Steward	<b>5:30-6:30pm / Underscore Talk with Katherine Cook</b> Founders  <b>7:30-11pm / Underscore</b> TBC	<b>7:30pm / Participant Performance</b> Founders  <b>9:30pm / Post-Show Talk</b> Steward  <b>9:30-11pm / Jam and Open Space</b> Founders + Kawasaki					
<b>REGISTRATION + INFO &gt;&gt; VELOCITYDANCECENTER.ORG/SFDI</b> VELOCITY DANCE CENTER // 1621 12TH AVE // 206.325.8773 CENTURY BALLROOM // 915 E PINE ST (2ND FLOOR) ERICKSON THEATER // 1524 HARVARD AVE												

