

STRICTY SEATTLE WEEK 1 July 9 - July 15

MONDAY 9			TUESDAY 10			WEDNESDAY 11			THURSDAY 12			FRIDAY 13			SAT 14	SUN 15	
FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	FOUNDERS	
9			9			9			9			9			9		
:15			:15			:15			:15			:15			:15		
:30	PROF/ADV CONT Yellow Stephanie	PROF/ADV CONT Blue Lavi	:30	PROF/ADV DANCE CHURCH Blue Kate	PROF/ADV BALLET Yellow Andrew	:30	PROF/ADV CONT Blue Lavi	PROF/ADV CONT Yellow Stephanie	:30	PROF/ADV DANCE CHURCH Yellow Kate	PROF/ADV BALLET Blue Andrew	:30	PROF/ADV CONT Blue Lavi	PROF/ADV CONT Yellow Stephanie	:30		
:45			:45			:45			:45			:45			:45		
10			10			10			10			10			10		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		
11			11			11			11			11			11	STRICTLY OUTSIDE 11-2pm TBC Freeway Park	
:15			:15			:15			:15			:15			:15		
:30	PROF/ADV CREATIVE PROCESS Alia	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Alia	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Alia	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Alia	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Alia	AFTERNOON BEG HIP HOP Jaret	:30		
:45			:45			:45			:45			:45			:45		
12			12			12			12			12			12		
:15			:15			:15			:15			:15			:15		
:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		
:45			:45			:45			:45			:45			:45		
1			1			1			1			1			1		
:15			:15			:15			:15			:15			:15		
:30			:30	Lunchtime Talk Injury Prevention		:30			:30	Lunchtime Talk Nutrition		:30	Student Showing Meeting		:30		
:45			:45			:45			:45			:45			:45		
2			2			2			2			2			2		
:15			:15			:15			:15			:15			:15		
:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Jody	PROF/ADV REHEARSE Zoe 10d // FILM TRACK KT
:45			:45			:45			:45			:45			:45		
3			3			3			3			3			3		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		
4			4			4			4			4			4		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		
5			5			5			5			5			5		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30	Student Showing Meeting		:30		
:45			:45			:45			:45			:45			:45		
6	INT CONT Daniel	BEG CONT Maya // Nico	6	INT CONT Marlo	BEG BALLET Natasha	6	INT BALLET Natasha //	BEG CONT Maya	6	INT CONT Daniel	BEG BALLET Natasha	6	INT CONT Marlo	BEG CONT Maya	6		SH*T GOLD 6-10pm Founders
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		
7			7			7			7			7			7		
:15			:15			:15			:15			:15			:15		
:30	INT REHEARSE Daniel	INT REHEARSE Marlo	:30	BEG REHEARSE Maya	INT REHEARSE Daniel	:30	INT REHEARSE Marlo	BEG REHEARSE Maya	:30	INT REHEARSE Daniel	INT REHEARSE Marlo	:30	BEG REHEARSE Maya	INT REHEARSE Daniel	:30	INT REHEARSE Marlo	
:45			:45			:45			:45			:45			:45		
8			8			8			8			8			8		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		
9			9			9			9			9			9		
:15			:15			:15			:15			:15			:15		
:30			:30			:30			:30			:30			:30		
:45			:45			:45			:45			:45			:45		

COLOR KEY:

Beginning Technique	Intermediate Technique
Beginning Rehearsal	Advanced Yellow Technique
Creative Practices Classes	Advanced Blue Technique

Intermediate Rehearsal		
Advanced Rehearsal		
Special Events		

STRICTY SEATTLE WEEK 2 July 16 - July 22

MONDAY 16			TUESDAY 17			WEDNESDAY 18			THURSDAY 19			FRIDAY 20			SAT 21	SUN 22
FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	FOUNDERS
9			9			9			9			9			9	
:15			:15			:15			:15			:15			:15	
:30	PROF/ADV CONT Yellow Stephanie	PROF/ADV CONT Blue Lavi	:30	PROF/ADV AFRICAN Blue Etienne	PROF/ADV BALLET Yellow Andrew	:30	PROF/ADV CONT Yellow Lavi	PROF/ADV CONT Blue Stephanie	:30	PROF/ADV AFRICAN Yellow Etienne	PROF/ADV BALLET Blue Andrew	:30	PROF/ADV CONT Blue Stephanie	PROF/ADV CONT Yellow Lavi	:30	
:45			:45			:45			:45			:45			:45	
10			10			10			10			10			10	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
11			11			11			11			11			11	
:15			:15			:15			:15			:15			:15	
:30	PROF/ADV CREATIVE PROCESS Dani	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Dani	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Dani	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Dani	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS Dani	AFTERNOON BEG HIP HOP Jaret	:30	
:45			:45			:45			:45			:45			:45	
12			12			12			12			12			12	
:15			:15			:15			:15			:15			:15	
:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30		BEG HIP HOP REHEARSE Jaret	:30	
:45			:45			:45			:45			:45			:45	
1			1			1			1			1			1	
:15			:15			:15			:15			:15			:15	
:30			:30	Lunchtime Talk Seattle Dance / Dance as a Profession		:30			:30	Lunchtime Talk Managing Stress in the digital age		:30		Student Showing Meeting	:30	
:45			:45			:45			:45			:45			:45	
2			2			2			2			2	BEG HH LD Showing		2	
:15			:15			:15			:15			:15			:15	
:30	PROF/ADV REHEARSE Zoe	PROF/ADV REHEARSE Heather 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Zoe	PROF/ADV REHEARSE Heather 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Zoe	PROF/ADV REHEARSE Heather 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Zoe	PROF/ADV REHEARSE Heather 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Zoe	PROF/ADV REHEARSE Heather 10d // FILM TRACK KT	:30	
:45			:45			:45			:45			:45			:45	
3			3			3			3			3			3	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
4			4			4			4			4			4	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30	PROF/ADV LD Showing		:30	
:45			:45			:45			:45			:45			:45	
5			5			5			5			5			5	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
6	INT CONT Daniel	BEG CONT Maya	6	INT CONT Marlo	BEG BALLET Natasha	6	INT BALLET Natasha	BEG CONT Maya	6	INT CONT Daniel	BEG BALLET Natasha	6	INT CONT Marlo	BEG CONT Maya	6	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
7			7			7			7			7			7	STRICTLY SEATTLE PARTICIPANTS PERFORMANCE 7pm Founders
:15			:15			:15			:15			:15			:15	
:30	INT REHEARSE Marlo	BEG REHEARSE Maya	:30	INT REHEARSE Daniel	INT REHEARSE Marlo	:30	BEG REHEARSE Maya	INT REHEARSE Daniel	:30	INT REHEARSE Marlo	BEG REHEARSE Maya	:30	INT REHEARSE Daniel	INT REHEARSE Marlo	:30	
:45			:45			:45			:45			:45			:45	
8			8			8			8			8			8	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
9			9			9			9			9	INT/BEG LD Showing		9	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	

COLOR KEY:

Beginning Technique	Intermediate Technique
Beginning Rehearsal	Advanced Yellow Technique
Creative Practices Classes	Advanced Blue Technique

Intermediate Rehearsal	
Advanced Rehearsal	
Special Events	

Technical Rehearsals

STRICTY SEATTLE WEEK 3 July 23 - July 28

MONDAY 23			TUESDAY 24			WEDNESDAY 25			THURSDAY 26			FRIDAY 27			SATURDAY 28			
FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	
9			9			9			9			9			9			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV CONT Blue Stephanie	PROF/ADV CONT Yellow Lavi	:30	PROF/ADV HIP HOP Jaret	PROF/ADV BALLET Yellow Andrew	:30	PROF/ADV CONT Yellow Lavi	PROF/ADV CONT Blue Stephanie	:30	PROF/ADV HIP HOP Jaret	PROF/ADV BALLET Blue Andrew	:30	PROF/ADV CONT Blue Stephanie	PROF/ADV CONT Yellow Lavi	:30			
:45			:45			:45			:45			:45			:45			
10			10			10			10			10			10			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
11			11			11			11			11			11			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV CREATIVE PROCESS KT	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS KT	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS KT	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS KT	AFTERNOON BEG HIP HOP Jaret	:30	PROF/ADV CREATIVE PROCESS KT	AFTERNOON BEG HIP HOP Jaret	:30			
:45			:45			:45			:45			:45			:45			
12			12			12			12			12			12	ADV/PRO WARM UP	BEG/INT WARM UP BPH	
:15			:15			:15			:15			:15			:15		BEG HH WARM UP	
:30			:30			:30			:30			:30			:30	1pm All Dancers to BPH		
:45			:45			:45			:45			:45			:45			
1			1			1			1			1			1			
:15			:15			:15			:15			:15			:15			
:30	Lunchtime Talk Creating a Home	BEG HIP HOP REHEARSE Jaret	:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
2			2			2			2			2			2			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV REHEARSE Heather	PROF/ADV REHEARSE Jody 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Heather	PROF/ADV REHEARSE Alice 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Heather	PROF/ADV REHEARSE Jody 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Heather	PROF/ADV REHEARSE Jody 10d // FILM TRACK KT	:30	PROF/ADV REHEARSE Heather	PROF/ADV REHEARSE Jody 10d // FILM TRACK KT	:30	2 - 4pm SHOW 2 BPH		
:45			:45			:45			:45			:45						
3			3			3			3			3			3			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
4			4			4			4			4			4			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
5			5			5			5			5			5			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
6	INT CONT Daniel	BEG CONT Maya //	6	INT CONT Marlo		6	INT BALLET Natasha //	BEG CONT Maya	6	INT CONT Daniel	FILM TRACK TECH BPH 6-7:30	6	INT CONT Daniel	BEG BALLET Natasha //	6	ADV/PRO WARM UP	BEG/INT WARM UP BPH	
:15			:15			:15			:15			:15			:15		BEG HH WARM UP	
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
7			7			7			7			7			7			
:15			:15			:15			:15			:15			:15			
:30	BEG REHEARSE Maya	INT REHEARSE Daniel	:30	INT REHEARSE Marlo	BEG TECH Maya BPH 6:30-8:30	:30	INT REHEARSE Daniel	INT REH (Steward) Marlo	:30			:30			:30	7pm All Dancers to BPH		
:45			:45			:45			:45			:45			:45			
8			8			8			8			8			8			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
9			9			9			9			9			9			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			

**COLOR KEY:**

Beginning Technique	Intermediate Technique	Intermediate Rehearsal	Warm Up / Dress Rehearsal
Beginning Rehearsal	Advanced Yellow Technique	Advanced Rehearsal	Dancer to BPH
Creative Practices Classes	Advanced Blue Technique	Special Events	Show Times
		Technical Rehearsals	

**FAREWELL PARTY**  
Founders