

# SEATTLE FESTIVAL OF DANCE IMPROVISATION 2018

SCHEDULE SUBJECT TO CHANGE

SUNDAY JULY 29 REGISTRATION 6-7pm at Velocity // OPENING CIRCLE 7pm in Founders // OPENING JAM 8-10pm in Founders  
 SUNDAY AUG 5 CLOSING JAM 10am-1pm in Founders // CLOSING CIRCLE 1pm in Founders // POTLUCK 2:30pm at Cal Anderson

|                |          | MONDAY, JUL 30  | TUESDAY, JUL 31  | WEDNESDAY, AUG 1   | THURSDAY, AUG 2  | FRIDAY, AUG 3   | SATURDAY, AUG 4  |  |
|----------------|----------|---|--|--|--|---|--|--|
|                |          | 7:30 - 8:30 am CONTEMPLATIVE DANCE PRACTICE (CDP) Kawasaki  |  |  |  | 7:30 - 8:30 am CDP Kawasaki   |  |  |
| 9:00-11:00 am  | Century  | <b>MORNING SOMATIC INTENSIVE (no drop-ins)</b><br><b>EVA KARCZAG</b><br><b>Somatic Tuning into Improvisation</b> A multi-faceted, linked sequence of classes: individual perspectives on the ways Somatic modalities effectively prepare us for improvising.  |  |  |  | <b>MORNING SOMATIC INTENSIVE (no drop-ins)</b><br><b>DEBRA WANNER</b><br><b>Handles and Bridge</b> Improvisation following a subtle exploratory Feldenkrais Awareness Through Movement® Lesson that draws on novel constraints and variations to play evocatively and provocatively with our sense of self in action.         |  |  |
|                | Founders | <b>ALIA SWERSKY</b><br><b>Ritual, Resistance &amp; Release</b> Explore movement rituals that sustain challenging physicality in the body. Repetition, duration, and rigor will lead towards altered states, which will inevitably culminate in some kind of decay or release.   | <b>KAREN NELSON</b><br><b>Space Mix</b> Sampling two unique systems—Material for the Spine (including CI) and Tuning Scores—we will dive deep and fast into the slow-time speedless body: inner sensations + composition = space mix   | <b>ANNA DIXON + JOHN DIXON</b><br><b>Ayurveda and Improvisation</b> Dive beneath familiar ayurvedic concepts to explore the three source forms of prana (life force,) unlocking their flow in our body with marma points, mantras and guided improvisational movement practices. |  | <b>ISHMAEL HOUSTON-JONES</b><br><b>Doing It!</b> What is your first impulse? Can you trust it? What happens when the judge falls asleep? Can sight be a handicap? Can you know too much? This workshop is about Composition.  |  |  |
|                | Kawasaki | <b>CI Drop-In / TBC</b><br><i>More info coming soon!</i>  | <b>HIJACK</b><br><b>Minute Collaboration</b> HIJACK methods for taking turns, cozying in, slamming up against, scores to betray what you think is set, what you think is improvised, what you think is yours.  | <b>JESSE HEWITT</b><br><b>Morning Practice: Two Journeys</b> 1) A low-to-high-energy journey, heightened beta state and a close study of speed, scale, and simultaneity. 2) A BUMPIN' morning dance aerobics party for healing and exorcism, aka "cunty calisthenics."           |  | <b>ANNA MARTINE WHITEHEAD</b><br><b>Surrounding Desire Workshop</b> Where in our practice does desire bump up against the quantum impulses all around us? Can space be said to want something of us? Or are we in a relationship with space beyond desire?  |  |  |
|                | Steward  | <b>MORNING OFFSITE INTENSIVE (no drop-ins)</b><br><b>TAISHA PAGGETT</b><br><b>The Poetics of Resistance</b> Here we employ improvisation and dancing in varying degrees of proximity as strategy for re-conceptualizing and embodying ideas of political resistance today. Self-identified persons of color are encouraged to attend.   |  |  |  | <b>MORNING OFFSITE INTENSIVE (no drop-ins)</b><br><b>TAISHA PAGGETT</b><br><b>Resistance lives in the spine</b> Here we will stand inside a variety of movement practices and contact exercises to help us contemplate and re-conceptualize ideas of social justice, interdependence and collective action across our bodies. |  |  |
|                |          | <b>Century: ISHMAEL HOUSTON-JONES</b><br><b>Improvisation Strategies: Dancing Text/Texting Dance</b> This class is rooted in many different forms of improvisation and will offer students a foundation in diverse techniques of instinctive, intuitive, non-set dances.  |  |  |  |   |  |  |
|                |          | <b>Founders: K.J. HOLMES</b><br><b>Evolution and/of Contact Improvisation</b> This workshop will enter into contact improvisation as an evolutionary exploration using somatics, patterns, sensation, systems, analysis and composition yielding depth and highlighting transitions.  |  |  |  |   |  |  |
|                |          | <b>Kawasaki: JESSE HEWITT</b><br><b>Everyday Madness for Radicalizing Logic and Making Beautiful Sh*t Happen</b> LONG LIVE NEW LOGICS! Naps! Futurism! Somatics! Pool Parties! Over-processing! Abstraction! Meltdowns! We'll inhabit creative processes that reflect what we insist is beautiful, important, and possible. Bring your grapes, your fantasies, and your super-deep breaths. |  |  |  |   |  |  |
| 3:15 - 5:15 pm | Century  | <b>SALLY DEAN</b><br><b>Somatic Costumes into Improvisation</b> Wear, move and create in Somatic Costumes that generate specific body-mind experiences. 'Balloon Hats', 'Feather Fingers' & 'Heart Protectors' will heighten awareness, fuel creativity and imagination.  | <b>MELECIO ESTRELLA</b><br><b>We've Changed</b> Mystery and mechanics of state change in contact improvisation. Informed by rich imagery, anatomical reality checks and sensation training, this class will explore the occurrence of transformations within the contact improvisation duet. |  |  |   |  |  |
|                | Founders | <b>PAIGE BARNES</b><br><b>Flooding Pulse</b> Inspired by acupuncture's pulse listening method, Paige Barnes will share a pulse responding dance practice formed while studying Chinese medicine at Bastyr University. Together we will create pulse dances.   | <b>EVA KARCZAG</b><br><b>Moving from Touch</b> Touch comes in many shapes and sizes. When we give touch, we receive touch in return – an exchange of information – reciprocity. In this class we will explore moving from touch.   |  |  |   |  |  |
|                | Kawasaki | <b>CI FUNDAMENTALS INTENSIVE (no drop-ins)</b><br><b>KAREN NELSON</b><br><b>Essential Images of CI</b> Sensation as image, a basic source for improvisation, is grounded in direct evidence such as reflexive balance, and free interaction with unpredictable partners; a place to relocate presence while surviving the unknown—and skills, puzzles, rolls too.                           |  |  |  |   |  |  |
|                |          | <b>7-11pm / Jam and Open Space</b><br>Founders + Kawasaki + Steward   |  |  | <b>7-11pm / Jam and Open Space</b><br>Founders + Kawasaki + Steward  |   |  |  |
|                |          | <b>6-8:30pm / Conversation</b><br><b>LIGHTNING TALKS + ROUND-TABLE</b><br>Founders  |  |  | <b>8:30pm-12am / Jam and Open Space</b><br>Founders + Kawasaki + Steward   |   |  |  |
|                |          | <b>REGISTRATION + INFO &gt;&gt; VELOCITYDANCECENTER.ORG/SFDI</b><br>VELOCITY DANCE CENTER // 1621 12TH AVE // 206.325.8773<br>CENTURY BALLROOM // 915 E PINE ST (2ND FLOOR)<br>ERICKSON THEATER // 1524 HARVARD AVE   |  |  |  |   |  |  |
|                |          |   |  |  | <b>DAY OF DANCE INNOVATORS IN PERFORMANCE + CONVERSATION</b>   |   |  |  |
|                |          |   |  |  | <b>10:30AM / Conversation:</b><br><i>A History of SFDI</i><br>Erickson Lobby   |   |  |  |
|                |          |   |  |  | <b>12PM / Research in Performance I</b><br><i>Surreptitious Preparations for an Impossible Total Act</i><br>Erickson Theater |   |  |  |
|                |          |   |  |  | <b>2PM / Research in Performance II</b><br>Founders Theater + Studios  |   |  |  |
|                |          |   |  |  | <b>3:30PM / Talk:</b><br><i>The Alchemy of Grand Union 1970-1976</i><br>with Wendy Perron<br>Erickson Theater                |   |  |  |
|                |          |   |  |  | <b>5PM / Research in Performance III</b><br>Erickson Theater   |   |  |  |
|                |          |   |  |  | <b>6:15PM / Conversation:</b><br><i>The Mobilized Archive</i><br>Erickson Theater  |   |  |  |
|                |          |   |  |  | <b>8pm / Performance</b><br><b>HISTORY OF CONTACT IMPROVISATION THROUGH THE BODY</b><br>Founders                             |   |  |  |
|                |          |   |  |  | <b>5:30-6:30pm / Underscore Talk with Katherine Cook</b><br>Founders   |   |  |  |
|                |          |   |  |  | <b>7:30-11pm / Underscore</b><br>TBC   |   |  |  |
|                |          |   |  |  | <b>7:30pm / Participant Performance</b><br>Founders  |   |  |  |
|                |          |   |  |  | <b>9:30pm / Post-Show Talk</b><br>Steward  |   |  |  |
|                |          |   |  |  | <b>10-11:30pm / Jam and Open Space</b><br>Founders + Kawasaki + Steward  |   | <b>9:30-11pm / Jam and Open Space</b><br>Founders + Kawasaki |  |