

# SEATTLE FESTIVAL OF DANCE IMPROVISATION 2018

SCHEDULE SUBJECT TO CHANGE

SUNDAY JULY 29 REGISTRATION 6-7pm at Velocity // OPENING CIRCLE 7pm in Founders // OPENING JAM 8-10pm in Founders  
 SUNDAY AUG 5 CLOSING JAM 10am-1pm in Founders // CLOSING CIRCLE 1pm in Founders // POTLUCK 2:30pm at Cal Anderson

		MONDAY, JUL 30	TUESDAY, JUL 31	WEDNESDAY, AUG 1	THURSDAY, AUG 2	FRIDAY, AUG 3	SATURDAY, AUG 4
		7:30 - 8:30 am CONTEMPLATIVE DANCE PRACTICE (CDP) Kawasaki				7:30 - 8:30 am CDP Kawasaki	
9:00-11:00 am	Erickson	<b>MORNING SOMATIC INTENSIVE (no drop-ins)</b> <b>EVA KARCZAG</b> <b>Somatic Tuning into Improvisation</b> A multi-faceted, linked sequence of classes: individual perspectives on the ways Somatic modalities effectively prepare us for improvising.				<b>MORNING SOMATIC INTENSIVE (no drop-ins)</b> <b>DEBRA WANNER</b> <b>Handles and Bridge</b> Improvisation following a subtle exploratory Feldenkrais Awareness Through Movement Lesson that draws on novel constraints and variations to play evocatively and provocatively with our sense of self in action.	
	Founders	<b>ALIA SWERSKY</b> <b>Ritual, Resistance &amp; Release</b> Explore movement rituals that sustain challenging physicality in the body. Repetition, duration, and rigor will lead towards altered states, which will inevitably culminate in some kind of decay or release.	<b>KAREN NELSON</b> <b>Space Mix</b> Sampling two unique systems—Material for the Spine (including CI) and Tuning Scores—we will dive deep and fast into the slow-time speedless body: inner sensations + composition = space mix	<b>ANNA DIXON + JOHN DIXON</b> <b>Ayurveda and Improvisation</b> Dive beneath familiar ayurvedic concepts to explore the three source forms of prana (life force,) unlocking their flow in our body with marma points, mantras and guided improvisational movement practices.		<b>ISHMAEL HOUSTON-JONES</b> <b>Doing It!</b> What is your first impulse? Can you trust it? What happens when the judge falls asleep? Can sight be a handicap? Can you know too much? This workshop is about Composition.	
	Kawasaki	<b>SCOTT DAVIS</b> <b>CI drop-in</b> more information coming soon!	<b>HIJACK</b> <b>Minute Collaboration</b> HIJACK methods for taking turns, cozying in, slamming up against, scores to betray what you think is set, what you think is improvised, what you think is yours.	<b>KATHERINE COOK</b> <b>CI drop-in</b> more information coming soon!		<b>ANNA MARTINE WHITEHEAD</b> <b>Surrounding Desire Workshop</b> Where in our practice does desire bump up against the quantum impulses all around us? Can space be said to want something of us? Or are we in a relationship with space beyond desire?	
	Steward	<b>MORNING OFFSITE INTENSIVE (no drop-ins)</b> <b>TAISHA PAGGETT</b> <b>The Poetics of Resistance</b> Here we employ improvisation and dancing in varying degrees of proximity as strategy for re-conceptualizing and embodying ideas of political resistance today. Self-identified persons of color are encouraged to attend.				<b>MORNING OFFSITE INTENSIVE (no drop-ins)</b> <b>TAISHA PAGGETT</b> <b>Resistance lives in the spine</b> Here we will stand inside a variety of movement practices and contact exercises to help us contemplate and re-conceptualize ideas of social justice, interdependence and collective action across our bodies.	
		<b>Erickson: ISHMAEL HOUSTON-JONES</b> <b>Improvisation Strategies: Dancing Text/Texting Dance</b> This class is rooted in many different forms of improvisation and will offer students a foundation in diverse techniques of instinctive, intuitive, non-set dances.				<b>MID-DAY INTENSIVES</b> M/T/F/S 11:30 am – 1:45 pm W 11:30 am – 5:15 pm (no drop-ins)	
		<b>Founders: K.J. HOLMES</b> <b>Evolution and/of Contact Improvisation</b> This workshop will enter into contact improvisation as an evolutionary exploration using somatics, patterns, sensation, systems, analysis and composition yielding depth and highlighting transitions.				<b>MID-DAY INTENSIVES</b> M/T/F/S 11:30 am – 1:45 pm W 11:30 am – 5:15 pm (no drop-ins)	
3:15 - 5:15 pm	Erickson	<b>SALLY DEAN</b> <b>Somatic Costumes into Improvisation</b> Wear, move and create in Somatic Costumes that generate specific body-mind experiences. 'Balloon Hats', 'Feather Fingers' & 'Heart Protectors' will heighten awareness, fuel creativity and imagination.	<b>MELECIO ESTRELLA</b> <b>We've Changed</b> Mystery and mechanics of state change in contact improvisation. Informed by rich imagery, anatomical reality checks and sensation training, this class will explore the occurrence of transformations within the contact improvisation duet.			<b>STEPHANIE SKURA</b> <b>Freedom + Rigor + Courage</b> Open Source Forms, expanded from Skinner Releasing. Explore physically specific scores to create fluid narratives + powerful presence. Sturdy respect for the subconscious, & deep connections amidst differences.	
	Founders	<b>PAIGE BARNES</b> <b>Flooding Pulse</b> Inspired by acupuncture's pulse listening method, Paige Barnes will share a pulse responding dance practice formed while studying Chinese medicine at Bastyr University. Together we will create pulse dances.	<b>EVA KARCZAG</b> <b>Moving from Touch</b> Touch comes in many shapes and sizes. When we give touch, we receive touch in return – an exchange of information – reciprocity. In this class we will explore moving from touch.			<b>HIJACK</b> <b>Contact Improvisation a la HIJACK</b> HIJACK loves it from the source AND to make it up. We aim for contradiction, surprise, and cultivate a sense of humor about constant failure in the pursuit of perfect form.	
	Kawasaki	<b>CI FUNDAMENTALS INTENSIVE (no drop-ins)</b> <b>KAREN NELSON</b> <b>Essential Images of CI</b> Sensation as image, a basic source for improvisation, is grounded in direct evidence such as reflexive balance, and free interaction with unpredictable partners; a place to relocate presence while surviving the unknown—and skills, puzzles, rolls too.				<b>CI FUNDAMENTALS INTENSIVE (no drop-ins)</b> <b>LILA HURWITZ</b> <b>Feldenkrais® for Dancers</b> Neuromuscular re-education evokes changes in muscular tone, flexibility, coordination, attention, and the comfort and efficiency of movement. We'll explore common dancer issues, review anatomy and integrate it all with improvisation.	
		<b>7-11pm / Jam and Open Space</b> Founders + Kawasaki + Steward				<b>7:30pm / Participant Performance</b> Founders	
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		<b>6-8:30pm / Conversation</b> <b>LIGHTNING TALKS + ROUND-TABLE</b> Founders				<b>5:30-6:30pm / Underscore Talk with Katherine Cook</b> Founders	
		<b>8:30pm-12am / Jam and Open Space</b> Founders + Kawasaki + Steward				<b>7:30-11pm / Underscore</b> TBC	
		<b>REGISTRATION + INFO &gt;&gt; VELOCITYDANCECENTER.ORG/SFDI</b> VELOCITY DANCE CENTER // 1621 12TH AVE // 206.325.8773 ERICKSON THEATER // 1524 HARVARD AVE				<b>8pm / Performance</b> <b>CI (EMBODIED) INTERROGATES ITS OWN HISTORY</b> Founders	
						<b>8pm / Performance</b> <b>Research in Performance II</b> Founders Theater + Studios	
						<b>3:30pm / Talk:</b> <i>The Alchemy of Grand Union 1970-1976</i> with Wendy Perron Founders Theater	
						<b>5pm / Research in Performance III</b> Erickson Theater	
						<b>6:15pm / Conversation:</b> <i>The Mobilized Archive</i> Erickson Theater	
						<b>10-11:30pm / Jam and Open Space</b> Founders + Kawasaki + Steward	