

STRICTY SEATTLE WEEK 1 July 8 - July 12

MONDAY 8th			TUESDAY 9th			WEDNESDAY 10th			THURSDAY 11th			FRIDAY 12th			SAT 13th	SUN 14th
FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	FOUNDERS
9			9			9			9			9			9	
:15			:15			:15			:15			:15			:15	
:30	ADV CONT		:30	ADV BAL		:30	ADV CONT		:30	ADV BAL		:30	ADV CONT		:30	
:45	Yellow		:45	Yellow		:45	Blue		:45	Blue		:45	Blue		:45	
10	Michele		10	Hannah		10	Bennyroyce		10	Hannah		10	Bennyroyce		10	
:15	Ryan		:15	Paul		:15	Ben		:15	Paul		:15	Ben		:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
11			11			11			11			11			11	
:15			:15			:15			:15			:15			:15	
:30	SPECIAL		:30	SPECIAL		:30	SPECIAL		:30	SPECIAL		:30	SPECIAL		:30	
:45	CLASS		:45	CLASS		:45	CLASS		:45	CLASS		:45	CLASS		:45	
12	Partnering		12	Partnering		12	Partnering		12	Partnering		12	Partnering		12	
:15	Aiko +		:15	Aiko +		:15	Aiko +		:15	Aiko +		:15	Aiko +		:15	
:30	Aaron		:30	Aaron		:30	Aaron		:30	Aaron		:30	Aaron		:30	
:45	(UMAMI)		:45	(UMAMI)		:45	(UMAMI)		:45	(UMAMI)		:45	(UMAMI)		:45	
1			1			1			1			1			1	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45	BROWN		:45	BROWN		:45	BROWN		:45	BROWN		:45	BROWN		:45	
2	BAG Injury		2	BAG Seattle		2	BAG Dance		2			2			2	
:15	Prevention		:15	Dance		:15	+ Grad		:15			:15			:15	
:30			:30	Scene		:30	School		:30			:30			:30	
:45			:45			:45			:45			:45			:45	
3	ADV		3	ADV		3	ADV		3	ADV		3	ADV		3	
:15	REHEARSE		:15	REHEARSE		:15	REHEARSE		:15	REHEARSE		:15	REHEARSE		:15	
:30	KT		:30	KT		:30	KT		:30	KT		:30	KT		:30	
:45			:45			:45			:45			:45			:45	
4			4			4			4			4			4	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
5			5			5			5			5			5	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
6	INT CONT		6	INT CONT		6	INT BAL		6	INT CONT		6	INT CONT		6	
:15	Mark		:15	Mark		:15	Ellie		:15	Mark		:15	Mark		:15	
:30	Paul		:30	Paul		:30	Eric		:30	Paul		:30	Paul		:30	
:45			:45			:45			:45			:45			:45	
7			7			7			7			7			7	
:15			:15			:15			:15			:15			:15	
:30	BEG		:30	INT		:30	INT		:30	BEG		:30	INT		:30	
:45	REHEARSE		:45	REHEARSE		:45	REHEARSE		:45	REHEARSE		:45	REHEARSE		:45	
8	Ricki		8	Ellie		8	Mark		8	Ricki		8	Ellie		8	
:15			:15	Mark		:15	Ellie		:15			:15	Mark		:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	
9			9			9			9			9			9	
:15			:15			:15			:15			:15			:15	
:30			:30			:30			:30			:30			:30	
:45			:45			:45			:45			:45			:45	

COLOR KEY:	Beginning Technique	Intermediate Technique	Intermediate Rehearsal
	Beginning Rehearsal	Advanced Yellow Technique	Advanced Rehearsal
	Special Classes	Advanced Blue Technique	Special Events