

STRICTY SEATTLE WEEK 1 July 11 - July 17

MONDAY 11				TUESDAY 12				WEDNESDAY 13				THURSDAY 14				FRIDAY 15				SAT 16	SUN 17
FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	FOUNDERS
9				9				9				9				9				9	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	
:45	CONT			:45	CONT			:45	CONT			:45	CONT			:45	CONT			:45	
	Yellow				Ballet				Blue				DANCE				Blue				
10	Patrick			10	Jason			10	Jody			10	Jason			10	Jody			10	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
11				11				11				11				11				11	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	
:45	CREATIVE			:45	CREATIVE			:45	CREATIVE			:45	CREATIVE			:45	WEST			:45	
	PRATICES				PRATICES				PRATICES				PRATICES				AFRICAN				
12	//			12	//			12	//			12	//			12	Etienn			12	
:15	Partnering			:15	Partnering			:15	Partnering			:15	Partnering			:15				:15	
:30	Alia			:30	Alia			:30	Alia			:30	Alia			:30				:30	
:45				:45				:45				:45				:45				:45	
1				1				1				1				1				1	
:15				:15				:15				:15				:15				:15	
:30				:30	Lunchtime			:30				:30				:30	Student			:30	
:45				:45	Talk			:45				:45				:45	Showing			:45	
					Injury												Meeting				
2				2	Prevention			2				2				2				2	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	
:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	
	ZOE	ALICE	AMY O		ZOE	ALICE	AMY O		ZOE	ALICE	AMY O		ZOE	ALICE	AMY O		ZOE	ALICE	AMY O		
3				3				3				3				3				3	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
4				4				4				4				4				4	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
5				5				5				5				5				5	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
6	INT			6	INT			6	INT			6	INT			6	INT			6	
:15	CONT			:15	CONT			:15	CONT			:15	CONT			:15	CONT			:15	
:30	Mario			:30	Mario			:30	Mario			:30	Mario			:30	Mario			:30	
:45				:45				:45				:45				:45				:45	
7				7				7				7				7				7	
:15				:15				:15				:15				:15				:15	
:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	
:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	
	Mario	Mark	Rosa		Mario	Mark	Rosa		Mario	Mark	Rosa		Mario	Mark	Rosa		Mario	Mark	Rosa		
8				8				8				8				8				8	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
9				9				9				9				9				9	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	

COLOR KEY:

Beginning Technique	Intermediate Technique	Intermediate Rehearsal		
Beginning Rehearsal	Advanced Yellow Technique	Advanced Rehearsal		
Creative Practices Classes	Advanced Blue Technique	Special Events		

STRICTY SEATTLE WEEK 2 July 18 - July 24

MONDAY 18				TUESDAY 19				WEDNESDAY 20				THURSDAY 21				FRIDAY 22				SAT 23	SUN 24
FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	V2	KAWASAKI		FOUNDERS	FOUNDERS
9				9				9				9				9				9	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	
:45	CONT			:45	BALLET			:45	CONT			:45	BALLET			:45	CONT			:45	
	Yellow				Yellow				Blue				Blue				Blue				
	Patrick				Jody				Blue				Blue				Blue				
10				10				10				10				10				10	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
11				11				11				11				11				11	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	PROF/ADV			:30	
:45	CREATIVE			:45	CREATIVE			:45	CREATIVE			:45	CREATIVE			:45	CREATIVE			:45	
	Practices				Practices				Practices				Practices				Practices				
	//				//				//				//				//				
	Improv				Improv				Improv				Improv				Improv				
	Louis				Louis				Louis				Louis				Louis				
1				1				1				1				1				1	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
2				2				2				2				2				2	
:15				:15				:15				:15				:15				:15	
:30	PROF/ADV	PROF/ADV	PROF/ADV	:30	REHEARSE	REHEARSE	REHEARSE	:30	REHEARSE	REHEARSE	REHEARSE	:30	REHEARSE	REHEARSE	REHEARSE	:30	REHEARSE	REHEARSE	REHEARSE	:30	
:45	ALICE	AMY O	ZOE	:45	ALICE	AMY O	ZOE	:45	ALICE	AMY O	ZOE	:45	ALICE	AMY O	ZOE	:45	ALICE	AMY O	ZOE	:45	
		V2				V2				V2				V2				V2			
		//				//				//				//				//			
	FILM TRACK	FILM TRACK	FILM TRACK		FILM TRACK	FILM TRACK	FILM TRACK		FILM TRACK	FILM TRACK	FILM TRACK		FILM TRACK	FILM TRACK	FILM TRACK		FILM TRACK	FILM TRACK	FILM TRACK		
	KT	KT	KT		KT	KT	KT		KT	KT	KT		KT	KT	KT		KT	KT	KT		
	10 degrees	10 degrees	10 degrees		10 degrees	10 degrees	10 degrees		10 degrees	10 degrees	10 degrees		10 degrees	10 degrees	10 degrees		10 degrees	10 degrees	10 degrees		
3				3				3				3				3				3	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
4				4				4				4				4				4	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
5				5				5				5				5				5	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
6	INT			6	INT			6	INT			6	INT			6	INT			6	
:15	CONT			:15	CONT			:15	CONT			:15	CONT			:15	CONT			:15	
:30	Mario			:30	Mario			:30	Mario			:30	Mario			:30	Mario			:30	
:45				:45				:45				:45				:45				:45	
7				7				7				7				7				7	
:15				:15				:15				:15				:15				:15	
:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	INT	INT	BEG	:30	
:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	REHEARSE	:45	
	Mark	Mario	Rosa		Mark	Mario	Rosa		Mark	Mario	Rosa		Mark	Mario	Rosa		Mark	Mario	Rosa		
8				8				8				8				8				8	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	
9				9				9				9				9				9	
:15				:15				:15				:15				:15				:15	
:30				:30				:30				:30				:30				:30	
:45				:45				:45				:45				:45				:45	

COLOR KEY:	Beginning Technique	Intermediate Technique	Intermediate Rehearsal	Technical Rehearsals
	Beginning Rehearsal	Advanced Yellow Technique	Advanced Rehearsal	
	Creative Practices Classes	Advanced Blue Technique	Special Events	

STRICTY SEATTLE WEEK 3 July 25 - July 30

MONDAY 25			TUESDAY 26			WEDNESDAY 27			THURSDAY 28			FRIDAY 29			SATURDAY 30			
FOUNDERS	V2	KAWASAKI	FOUNDERS	V2	KAWASAKI	FOUNDERS	V2	KAWASAKI	FOUNDERS	V2	KAWASAKI	FOUNDERS	V2	KAWASAKI	FOUNDERS	STEWART	KAWASAKI	
9			9			9			9			9			9			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30			
:45	CONT		:45	CONT		:45	CONT		:45	CONT		:45	CONT		:45			
10	Blue		10	Yellow		10	Blue		10	Blue		10	Blue		10			
	Patrick			Jody			Patrick			Jody			Patrick					
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
11			11			11			11			11			11			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30	PROF/ADV		:30			
:45	CREATIVE		:45	CREATIVE		:45	CREATIVE		:45	CREATIVE		:45	CREATIVE		:45			
	PRATICES			PRATICES			PRATICES			PRATICES			PRATICES					
12	//		12	//		12	//		12	//		12	//		12			
	KT			KT			KT			KT			KT			PROF/ADV	BEG/INT	
:15			:15			:15			:15			:15			:15	WARM UP	WARM UP	
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
1			1			1			1			1			1	1pm All Dancers to BPH		
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30	2 - 4pm SHOW 2 BPH		
:45			:45			:45			:45			:45			:45			
2			2			2			2			2			2			
:15			:15			:15			:15			:15			:15			
:30	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	:30	PROF/ADV	PROF/ADV	:30	2 - 4pm SHOW 2 BPH		
:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45			
3	AMY O	ALICE	3	AMY O	ALICE	3	AMY O	ALICE	3	AMY O	ALICE	3	AMY O	ALICE	3			
:15			:15			:15			:15			:15			:15			
:30	FILM TRACK		:30	FILM TRACK		:30	FILM TRACK		:30	FILM TRACK		:30	FILM TRACK		:30	2 - 4pm SHOW 2 BPH		
:45	KT		:45	KT		:45	KT		:45	KT		:45	KT		:45			
4			4			4			4			4			4			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30	2 - 4pm SHOW 2 BPH		
:45			:45			:45			:45			:45			:45			
5			5			5			5			5			5	2 - 4pm SHOW 2 BPH		
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
6	INT		6	INT		6	INT		6	INT		6	INT		6	OPEN SPACE FOR WARM UP	BEG/INT WARM UP BPH	
:15	CONT		:15	CONT		:15	CONT		:15	CONT		:15	CONT		:15			
:30	Mario		:30	Mario		:30	Mario		:30	Mario		:30	Mario		:30	OPEN SPACE FOR WARM UP	BEG/INT WARM UP BPH	
:45			:45			:45			:45			:45			:45			
7			7			7			7			7			7	7pm All Dancers to BPH		
:15			:15			:15			:15			:15			:15			
:30	INT	INT	:30	INT	INT	:30	INT	INT	:30	INT	INT	:30	INT	INT	:30	8 - 10pm SHOW 3 BPH		
:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45	REHEARSE	REHEARSE	:45			
8	Mario	Mark	8	Mario	Mark	8	Mario	Mark	8	Mario	Mark	8	Mario	Mark	8			
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			
9			9			9			9			9			9	8 - 10pm SHOW 3 BPH		
:15			:15			:15			:15			:15			:15			
:30			:30			:30			:30			:30			:30			
:45			:45			:45			:45			:45			:45			

COLOR
KEY:

Beginning Technique	Intermediate Technique	Intermediate Rehearsal	Warm Up / Dress Rehearsal
Beginning Rehearsal	Advanced Yellow Technique	Advanced Rehearsal	Dancer to BPH
Creative Practices Classes	Advanced Blue Technique	Special Events	Show Times
		Technical Rehearsals	

PIZZA PARTY
Founders