# **SEATTLE FESTIVAL OF DANCE IMPROVISATION 2016**

SUNDAY, AUG 7 CLOSING JAM 10am-1pm in Founders // CLOSING CIRCLE 1pm in Founders

	MONDAY, AUG I	TUESDAY, AUG 2	WEDNESDAY, AUG 3	THURSDAY, AUG 4	FRI
	7:30 - 8:30 am CONTEMPLATIVE DANCE PR	ACTICE (CDP) Kawasaki			7:30 - 8:30 am <b>CD</b>
<b>V2</b>	Collaborative Practices-sublime subversion / HIJACK Collaboration means chance, subversion, structure, merg undermining, heartbreak and surprise. It means trying to dance in someone else's shoes and making dances you k	Accessing tools and skills for C.I. and tuning our compositional awareness we will broaden and	Feldenkrais® for Dancers / Lila Hurwitz This system of neuromuscular re-education evokes changes in muscular tone, flexibility, coordination, attention, and the comfort and efficiency of movement. We'll explore issues common to dancers, review anatomy and play with	DAV OF DEST	Tuning Scores / In this class we will t sensations as a way t solo and group comp different perceptual
		deepen our dance. <b>Atering®: Embodied Research</b> tices and investigative states. Explorations of embodied anatomy vement patterns. Cultivating specificity of intention and attention		<b>DAY OF REST</b> 1:30pm / <b>Speakeasy Series</b>	MORNING SOM Body-Mind Cent Cathie Caraker (no drop-ins)
saki	Rhythm is a Dancer / Amy O'Neal Come discover ways to connect to rhythm that are old,	<b>Drop in with Bebe Miller</b> This intensive aims at crafting our dance making to locate	a sense of courage / Aaron Swartzman Sensation is the a rudder to guide our dancing, courage	Founders	Drop in with Mor More info coming soon
Kawa	new, + personal to you. We'll talk about the improvisation freestyle practices of of various American street + club dances that are inherently linked to the music of the cultures they come from. We will also get down.		takes us into the unknown, even if we've already been there. We'll hone and play in these two realms; sensation, and courage, and the edge between them where we feel both.	4-5pm / <b>Underscore Talk</b> Founders	
	in a public space; dissolving social norms in a non-perfor	ch we will pose questions about what it means to be a civilized, s native space. We will practice being in pleasure and giving our boo ted body; an anarchic body; a body full/filled with pleasure, with h e without naming and see without knowing.`	ies a voice. A practice of growing a new body, as one would		The Pleasure Pro luciana achugar (no drop-ins)
	V2: DANCE MAKIN	: PHYSICALITY + CONTEXT WITH BEBE MILLER			
	<b>5 DAY</b> This intensive aims at crafti weight of a gesture, qualify	g our dance making to locate ourselves in our current times, finding co ur actions mindful of context, and expand into our unique articulate ra expressive scale. We'll continue with improvisation and choreograph	nge of action. Our daily practice will start with a warm up that		
П	5 DAY This intensive aims at crafti weight of a gesture, qualify- tunes the body's physical ar our weight at risk. The aim 1:30 am - 1:45 pm Founders: EDGY BU With Stell WAGN	ur actions mindful of context, and expand into our unique articulate ra l expressive scale. We'll continue with improvisation and choreograph daily dance making, from improvisation scores to composed studies, I SINESS + FALLING ON PURPOSE IN CONTACT IM	nge of action. Our daily practice will start with a warm up that c scores, working with full-bodied attention to detail and drive, boating ourselves in the current moment, the current context.		
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П	5 DAY INTENSIVES I:30 am - I:45 pm except WED + THURS (no drop-ins) This intensive aims at crafti weight of a gesture, qualify tures the body's physical ar our weight at risk. The aim Founders: EDGY BU WITH SHEL WAGN This intensive invites interm include scores that encoura Steph and Shel who always Kawasaki: SISSY VC Sissy Vop is a collection o	ur actions mindful of context, and expand into our unique articulate ra l expressive scale. We'll continue with improvisation and choreograph daily dance making, from improvisation scores to composed studies, l SINESS + FALLING ON PURPOSE IN CONTACT IM ER RASCH ediate and advanced contact improvisers to name and nudge their CI of e extended investigations, game structures designed to animate our in	nge of action. Our daily practice will start with a warm up that c scores, working with full-bodied attention to detail and drive, boating ourselves in the current moment, the current context. <b>PROVISATION WITH STEPHANIE NUGENT</b> adges in a supportive and play-filled environment. The week will ner imps, handy skills for falling and flying, and facilitated Lab-ing. te in an experience full of challenge, play, and collective discovery. Mons. Through (e)feminized movement modalities, sparring		
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Founders V2	<ul> <li>5 DAY</li> <li>This intensive aims at crafti weight of a gesture, qualify-tunes the body's physical ar our weight at risk. The aim</li> <li>Founders: EDGY BUTH State and State</li></ul>	ur actions mindful of context, and expand into our unique articulate re lexpressive scale. We'll continue with improvisation and choreograph daily dance making, from improvisation scores to composed studies, I SINESS + FALLING ON PURPOSE IN CONTACT IM ER RASCH diate and advanced contact improvisers to name and nudge their CI of the extended investigations, game structures designed to animate our in njoy teaching together are delighted to invite participants to collabora P WITH DARRELL JONES training counter rituals aimed at releasing enculturated oppression will address the body as a site for transgression, transcendence a Collaborative Practices-sublime subversion / HIJACK Collaboration means chance, subversion, structure, merging, undermining, heartbreak and surprise. It means trying to dance in someone else's shoes and making dances you love as your own but also don't recognize. Diversity In Dancing: Start Where You Are / Diverse Diviners We invite movers of all abilities to explore and share their unique physical languages. We offer scores and skills to deepen connection to our bodies' current expression bringing that to partners and the group. es, Deep dance provisation, and an evolving movement composition. Accessing	Inge of action. Our daily practice will start with a warm up that c scores, working with full-bodied attention to detail and drive, boating ourselves in the current moment, the current context. <b>PROVISATION WITH STEPHANIE NUGENT</b> adges in a supportive and play-filled environment. The week will ner imps, handy skills for falling and flying, and facilitated Lab-ing, te in an experience full of challenge, play, and collective discovery. Ins. Through (e)feminized movement modalities, sparring nd transformation. <b>EXTENDED</b> <b>INTENSIVE CLASSES</b> II:30am - 5:15pm		Stephanie Nugent Practice in pathways o contact, staying with a dancing. Explore what relation to a partner, w Foreign Bodies wi Stutters, hiccups, deto create new solo + gro and "pure" physical sc drawn from text, imag other bodies. CI FUNDAMENT Broad Strokes, Do Krista DeNio
Founders V2	<ul> <li><b>5 DAY</b></li> <li><b>5 DAY</b></li> <li><b>130 am - 1:45 pm</b></li> <li>except WED + THURS (no drop-ins)</li> <li><b>Founders: EDGY BU</b></li> <li><b>This intensive aims at crafting and set of the second sec</b></li></ul>	ur actions mindful of context, and expand into our unique articulate re lexpressive scale. We'll continue with improvisation and choreograph daily dance making, from improvisation scores to composed studies, I SINESS + FALLING ON PURPOSE IN CONTACT IM ERASCH diate and advanced contact improvisers to name and nudge their CI of the extended investigations, game structures designed to animate our in injoy teaching together are delighted to invite participants to collabora <b>PWITH DARRELL JONES</b> training counter rituals aimed at releasing enculturated oppressies will address the body as a site for transgression, transcendence a <b>Collaborative Practices-sublime subversion /</b> <b>HIJACK</b> Collaboration means chance, subversion, structure, merging, undermining, heartbreak and surprise. It means trying to dance in someone else's shoes and making dances you love as your own but also don't recognize. <b>Diversity In Dancing: Start Where</b> You Are / Diverse Diviners We invite movers of all abilities to explore and share their unique physical languages. We offer scores and skills to deepen connection to our bodies' current expression bringing that to partners and the group. <b>ess, Deep dance</b> provisation, and an evolving movement composition. Accessing reness we will broaden and deepen our dance.	nge of action. Our daily practice will start with a warm up that c scores, working with full-bodied attention to detail and drive, boating ourselves in the current moment, the current context. <b>PROVISATION WITH STEPHANIE NUGENT</b> edges in a supportive and play-filled environment. The week will ner imps, handy skills for falling and flying, and facilitated Lab-ing, te in an experience full of challenge, play, and collective discovery. ons. Through (e)feminized movement modalities, sparring nd transformation. <b>EXTENDED</b> INTERSIVE CLASSES II:30am - 5:15pm (no drop-ins)		Stephanie Nugent Practice in pathways o contact, staying with a dancing. Explore what relation to a partner, with Stutters, hiccups, deto create new solo + gro and "pure" physical sc drawn from text, imag other bodies. CI FUNDAMENT Broad Strokes, De Krista DeNio (Drop-ins allowed with
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Founders V2	<ul> <li><b>5 DAY</b></li> <li><b>5 Day</b></li></ul>	The second seco	<section-header><text><text><text><text><text></text></text></text></text></text></section-header>	in Performance	CI FUNDAMENT Broad Strokes, De

# SUNDAY, JULY 31 REGISTRATION 6-7pm at Velocity // OPENING CIRCLE // OPENING JAM 8-10pm in Founders

# DAY, AUG 5

# SATURDAY, AUG 6

**Kawasaki** 

Alia Swersky tune into our senses and our to investigate our relationship to npositional choices sourced through I lenses.	To be a mirror for your whole body / Victoria Jacobs Your dancing body reflects the architecture of you psyche. Using structured support, writing, witnessing, replay, fluid movement challenged by interruption, and scores with precise boundaries, we will hold up the mirror to your whole body.
MATIC INTENSIVE: ntering®: Embodied Research	Investigating Perception / Douglas MacKenzie Negotiating how we sense and know through The Developmental Movement and Experiential Anatomy of Body-Mind Centering®. Exploring patterns of our earliest movement, we re-negotiate habits and arrive, now, into skillful embodied dancing.
organ Thorson n	Drop in with Morgan Thorson More info coming soon
rENSIVE: roject r	<b>Drop in with luciana achugar</b> The Pleasure Project is a public space intervention in which we will pose questions about what it means to be a civilized, socialized, organized body and our assumed role as bodies in a public space; dissolving social norms in a non-performative space.

# **CONTINUED 5 DAY INTENSIVES** 11:30 am - 1:45 pm

except WED + THURS

(no drop-ins)

d Spirals in Cl / nt of the body facilitating easily moving into a partner, and moving back into solo tt happens, both inside the body + in when arcs, spokes + spirals interweave.	Contact Improvisation–a contrarians form / HIJACK Bumping, fumbling and distracted, falling down the rabbit hole, waiting for something to happen, losing contact and losing track, sometimes doing it wrong is doing it right.
with Linda Austin tours, + failure are welcomed as we roup iterations of a deceptively simple score, injecting directives + prompts age, objects + provocations from	Body-Mind Centering®: Embodied Research / Cathie Caraker Explorations of embodied anatomy for internal support + clarity. Through partnering + guided movement explorations, discover new movement patterns. Cultivating specificity of intention + attention, we create more ease.
TALS INTENSIVE: Deep dance vith permission from instructor)	<b>Interviews with Trees / Melanie Noel</b> Less literal + more metaphorical, this is a workshop about the animation of a performance context and how that can inform your dance. We'll travel to local trees + inquire into their seemingly stable, fixed presences as ways of expanding our sense of reach in creating + completing new work.
n / <b>Iuciana achugar</b> Art Fair / 117 S Washington St	

filler + Darrell Jones Art Fair / 401 S Jackson St

/ Underscore V2

m and Open Space ders + Kawasaki

7:30pm / Participant Performance Founders

9:30-11pm / Jam and Open Space Founders + Kawasaki

# VELOCITY DANCECENTER .ORG

**NIGHTLY DANCE JAMS** Velocity Founders Theater (1621–12th Ave) \$5 at the door / FREE for SFDI participants Open movement jams; all welcome.

PARTICIPANT PER SAT AUG 6 / 7:30PM Velocity Founders Theater

PERFORMANCE

- (1621

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• open to all ances by SFDI p participa

> ee DARRELL full line-up of CATHIE C ARA classes, T ER + Incredible , schedule + bio **KRIS** TA ወ s online

BEB Π MILLER JONES S LUCIANA ACHUGAR **TEPHANIE NUGENT** *TENSIVES* ENIO WITH

leading convening of improvisation improvisa in the United Star
 JOHN JASP i dance itates." PERSE

FRI AUG 5 / Occidental S 2016 SFDI facul The Pleasure D SFDI, *itervention* / presented as part of 5 / 10-11AM al Square (117 S Washington S aculty member luciana achangar will le *Project*, with a group of local + interna l, culminating in a durational public pe per l lea ad an tional dar e per riod Art 5 E E Q a based л. Ы the resi ark

a public intervention / pre

esented as part of Seattle Art Fair

HISTORY OF CONTACT I THROUGH THE BODY: Fr THURS AUG 4 / 1:30PM Velocity Founders Theater (1621 12 Velocity Founders Theater (1621 12 FREE + open to all Journeying in time from 1972-2016, this demo dance form. Conceived and facilitated by Kar Shel Wagner Rasch, Cyrus Khambatta, Aaron

(1621 12th

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JULY

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SEATTLE FESTIVAL OF DANCE IMPROVISATION

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DANCE INNOVATORS IN THURS AUG 4 / 8PM Erickson Theatre Off Broadway (152

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>> SFDI 20. SPEAKEASY SERIES: L WEDS AUG 3 / 6-8:30PM Velocity Founders Theater (16) FREE + open to all FREE + open to all FREE + open to all FREE + open to all

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teaches and performs at large.

For Dance — a HIJACK reader".

for the arts and sciences.

been teaching movement arts for over 12 years.

(www.SeattlelDF.org). For more info http://khambattadance.org/

**DIVERSE DIVINERS** is a one-time collaboration of dancers co-teaching for SFDI:

is an anti-virtuosic movement artist trained in improvisation, DanceAbility, Butoh.

Karen Nelson (explomov.weebly.com) mutated Contact Improvisation by co-starting

DanceAbility in 1988, and Diverse Dance Research Retreat 1993, divines Tuning Scores, and

HIJACK is the choreographic collaboration of Kristin Van Loon & Arwen Wilder.

Chicago, Colorado, New Orleans, Philadelphia, Seattle, San Francisco, Iowa, Portland, at Bates

Festival and Fuse Box Festival. HIJACK teaches Composition/Improvisation at the University

class in Minneapolis for 16 years. In 2014, Contact Quarterly published the chapbook "Passing

of Minnesota, Colorado College and St. Olaf Colleges, and a weekly Contact Improvisation

LILA HURWITZ, Guild Certified Feldenkrais® Practitioner, has been teaching since

co-produced SFDI for 18 years, and was Associate Director of Artist Trust. Lila co-owns

1987, including one of Seattle's longest-running weekly Feldenkrais classes since 1995. She's

performed with Karen Nelson, Stephanie Skura, Bebe Miller, Crispin Spaeth, Nina Martin, Ann

Carlson, Lucia Neare, Mary Oslund, Linda K. Johnson and many others. She taught Authentic

Movement for a decade, was a graphic designer for Contact Quarterly magazine for 11 years,

Doolittle+Bird, a consultancy specializing in communications, outreach, design and grant-writing

VICTORIA JACOBS is a passionate researcher at the intersections of anatomy, psychology

and poetry. She teaches the Gyrotonic Expansion Method as a tool to self-recovery at Seattle

Changing Room, where she is Assistant Director. Her approach to dynamic structure follows the lineage of Aileen Passloff (Judson Dance Theatre), Jill Ableson (SPRe Bodywork), Sheri

Cohen, and Anna Halprin, and her movement training includes contact improvisation, flamenco, and contemporary dance. She holds a BA in Writing/Dance from Bard College, and she has

CYRUS KHAMBATTA graduated from New York University where he founded Khambat

ta Dance Company (originally: Phffft! Dance Company). He has created and/or performed both

as Ririe Woodbury Dance (Salt Lake City), Pisorojo (Caracas) Donald Byrd's Spectrum Dance

(Seattle), Evergreen Ballet and others. He runs the Wild Meadows Farm CI Intensive, produces

The Centrum Jam in Port Townsend, WA as well as the Seattle International Dance Festival

TONYA LOCKYER is an award-winning dance artist, educator, and arts advocate work-

ing at the intersections of performance, embodiment, and social action. Her work has been

commissioned and presented internationally, receiving support from On the Boards, American

Dance Festival, Arts International, The Canada Council, The Banff Center, Istanbul's Mimar Sinan

University, among others. Projects include 24-hour durational performances, large-scale public

interventions, and interdisciplinary collaborations with inter/national artists. Lockyer is also

Artistic Director of Velocity and a faculty member of Cornish College. She has performed the

work of Miguel Gutierrez, Merce Cunningham, Twyla Tharp, Lisa Nelson, to name a few. Her

writing is published in international journals, exhibition catalogues, and the book Vu du Corps:

Lisa Nelson Movement et Perception. She was nominated for a Seattle Mayors Arts Award and

named by The Seattle Times "one of the 13 key cultural change-makers" in the Northwest.

DOUGLAS MACKENZIE is a Practitioner of Body-Mind Centering®, a Craniosacral

Therapist, and a Registered Somatic Movement Therapist. He has worked in private practice

K'ung, Acutonics, World Music, Falconry, and Movement Improvisation. His gentle work benefits

infants and elders; those who suffer chronic/acute injury or various complex syndromes; and

professional athletes, dancers, and musicians. For more about Doug see: www.brilliantbody.net

MELANIE NOEL is a poet and the author of The Monarchs (Stockport Flats, 2013). Her poems have also appeared in Spiral Orb, Weekday, LVNG, La Norda Especialo and THE ARCA-DIA PROJECT. She co-curated APOSTROPHE, a dance, music, and poetry series, with musician

Gust Burns and dancers Michèle Steinwald and Beth Graczyk, and IMPALA, a reading series

that took place in her grandmother's car. She combines movement theater and meditation

practices with poetry and plant and landscape awareness to teach outdoor experiential work-

shops on synesthesia and imagination. She also leads writing classes for people in long-term

**AMY O'NEAL** is a dancer, performer, choreographer, and dance educator with one foot firmly planted in Hip Hop, Street, and Club Dance culture and the other in Contemporary Performance. For fifteen years, she has taught and performed throughout the US, Japan, Italy, and

Mexico, and she has choreographed for stage, commercials, rock shows, galleries, dance films

**AARON SWARTZMAN** began dancing as a child, taking classes at Creative Dance

2001, touring with LINGO dancetheater and Legendre Performance to such places as

Düsseldorf, Minneapolis, New York, San Diego, Cleveland (Ohio and Mississippi),

and is touring her latest evening length work, Opposing Forces.

and music videos. She currently spends half her time in Seattle and half her time in the Bay area

Center and performing with Kaleidoscope dance company. He has danced professionally since

since 1990, and teaches embodiment nationally. Doug draws from his study of Viniyoga, Chi

improvised and Contact-inspired choreographed works presented throughout the USA and Europe, as well as in Russia, Latin America, Canada, Mexico, India and Brazil by companies such

HIJACK has taught and performed in New York, Japan, Russia, Central America, Ottawa,

They met at Colorado College, and became HIJACK in Minneapolis in 1993. Specializing in the

inappropriate, HIJACK toys with audiences' expectations through their interpretation of venue.

See extended bios

+ class descriptions at

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+ Darrell Jones' performance around the globe, will highlight how

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**BEBE MILLER + DARF** a special performance present FRI AUG 5 / 4PM Union Station (401 S Jackson S In the Union Station site —activated e through its transit hub— 2016 SFDI fa choreography is everywhere, always in

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presented as p part of **IES** f Seattle Art Fair

15 years of involvement in Capoiera Angola, an African Brazillian martial art dance form in which he has attained the title of Treineu (trainer). His newest venture (other than the birth of his daughter) is as a member of the improvisational group, Never Formerly Known as Anything.

ALIA SWERSKY is a movement artist, performer and teacher, engaged deeply in the vital velocitydancecenter.org/sfdi2016 act of dance improvisation. She graduated from Cornish College of the Arts in 1998 with a BFA in dance and now teaches as part of the creative process curriculum at Cornish as an adjunct faculty member since 2005. Alia was a long time Co-artistic director of Dance Art Group (DAG), a non-profit organization that promotes the practice and appreciation of dance and Yulia Arakelyan (wobblydance.com) is co-artistic director of Wobbly and movement artist, somatic education in the Seattle area, including the Seattle Festival of Dance Improvisation. She choreographer, loves Butoh and improvisation. Corrie Befort (cbefort.com) dancer, chorehas collaborated and performed in the works of many Seattle artists including The Maureen ographer, designer, filmmaker-also teaches Dance for Parkinson's and through Path With Art. Whiting Company, Khambatta Dance Company, Jurg Koch, KT Niehoff of Lingo Dance, and Salt Karen Daly 20-year dance artist toured DanceAbility as US Art Envoy in 2013 to Mongolia, Horse Indonesia and Phillipines. Erik Ferguson (wobblydance.com) co-artistic director of Wobbly

> MORGAN THORSON is based in Minneapolis, MN, has been making public dance performances since 2000. All of her projects, inspired by a subject, physical process or point of view, are born from interdisciplinary collaboration and respond to the site in which they are situated. Thorson is a United States Artist (2012) Guggenheim (2010) and McKnight (2009, 2002) Fellow and has received two Sage Awards for Outstanding Choreography (2008, 2007). Thorson has been commissioned by Walker Art Center in Minneapolis, On The Boards in Seattle, Red Cat in Los Angeles, PS 122 in New York City and Alverno Presents in Milwaukee among others.

# intensives

BEBE MILLER formed her legendary company in 1985. Her choreography has been produced at major dance centers across the country and internationally in Europe and the African continent. She has been honored with four "Bessie Awards" for choreography, a Guggenheim, a USA Fellowship, a Doris Duke Award, an honorary doctorate from Ursinus College; and is currently a Distinguished Professor at OSU.

EDGY BUSINESS and FALLING ON PURPOSE in Contact Improvisation **STEPHANIE NUGENT** is a creator, performer, and educator of dance/theater and contact improvisation whose work has been described as "powerful" and "heroic" (LA Times). She served on the faculties of UC Santa Barbara, CalArts, OSU, and Indiana University; has organized CI jams in Pasadena, L.A., and Indianapolis; and taught CI at the West Coast Contact Jam, the Portland CI Jam, and the Great Lakes Area CI Enthusiast's Retreat

SHEL WAGNER RASCH (US) has been fascinated by Contact Improv for over 30 years and sharing it with other people is one of her favorite things to do! She currently teaches CI at UCLA and is coordinator of the Eastside CI Lab Jam in Pasadena. She has taught at most of the past 12 WCCIFs (now WCCIJ). Shel has a private practice as a Somatic Experiencing Practitioner and Alexander Technique teacher.

## Sissy Von

DARRELL JONES has performed in the US and abroad with Ralph Lemon, Bebe Miller, Urban Bush Women, Ronald K. Brown, and Min Tanaka. His Bessie Award-winning work has been presented by The Place London, Kwanju Biennale South Korea, Kennedy Center; and in New York by Danspace, and Judson Church. Darrell's research is informed by studies in improvisation, Butoh, a variety of dance techniques; and alliances with artists whose work gathers inspiration from the ecologies with which they come into contact. He is full-time faculty at Columbia College Chicago.

The Pleasure Project: Movement Practice as Intervention of Public Space LUCIANA ACHUGAR is a two-time Bessie Award recipient choreographer from Uruguay, based in Brooklyn, whose work is concerned with the post-colonial world, searching for an undoing of power structures from the inside out. She worked as a dancer with several influential choreographers including Jeremy Nelson, Maria Hassabi, Chameckilerner and John Jasperse. She began making her own work in 2002; has been presented by The Walker, American Realness, NYLA (to name a few), is a Guggenheim Fellow, and was chosen as 2010 TimeOUT NY's Best of Dance.

## Body-Mind Centering®: Embodied Research

CATHIE CARAKER is a dance artist and teacher, practicing CI since the early 80s. She studied extensively with Nancy Stark Smith, Steve Paxton, and Karen Nelson. A certified practitioner of Body-Mind Centering ® (BMC), she applies the BMC work to improvisation, movement research and dance-making. Her work and teaching have been presented by major festivals and venues across the US, Europe and South America. A life-long learner, she loves to share her passion for movement research and deep play through her teaching.

### Broad Strokes, Deep Dance: Foundations of Contact Improvisation

KRISTA DENIO is an interdisciplinary artist, writer and educator committed to developing new forms of performance and evolving interdisciplinary thinking within the fields of dance and theater. A practitioner of Contact Improvisation for eighteen years, she approaches the form from a variety of perspectives: from CI's technical foundation and support of partnering work in performance, to the radical personal and political potentialities existing within the practice and participating communities.











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