

STRICTY SEATTLE **WEEK 1** July 9 - July 15

MONDAY 9				TUESDAY 10				WEDNESDAY 11				THURSDAY 12				FRIDAY 13				SAT 14		SUN 15	
	FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	FOUNDERS	
9				9				9				9				9				9			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
10				10				10				10				10				10			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
11				11				11				11				11				11	STRICTLY OUTSIDE 11-2pm TBC Freeway Park		
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
12				12				12				12				12				12			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
1				1				1				1				1				1			
:15				:15				:15				:15				:15				:15			
:30				:30	Lunchtime Talk Injury Prevention			:30				:30				:30	Student Showing Meeting			:30			
:45				:45				:45				:45				:45					:45		
2				2				2				2				2				2			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
3				3				3				3				3				3			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
4				4				4				4				4				4			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
5				5				5				5				5				5			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
6			BEG CONT Maya // Nico	6			BEG BALLET Natascha	6			BEG CONT Maya	6			BEG BALLET Natascha	6			BEG CONT Maya	6		SH*T GOLD 6-10pm Founders	
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
7				7				7				7				7				7			
:15				:15				:15				:15				:15				:15			
:30			BEG REHEARSE Maya	:30	BEG REHEARSE Maya			:30			BEG REHEARSE Maya	:30			BEG REHEARSE Maya	:30			BEG REHEARSE Maya	:30			
:45				:45				:45				:45				:45				:45			
8				8				8				8				8				8			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			
9				9				9				9				9				9			
:15				:15				:15				:15				:15				:15			
:30				:30				:30				:30				:30				:30			
:45				:45				:45				:45				:45				:45			

STRICTY SEATTLE WEEK 2 July 16 - July 22

MONDAY 16				TUESDAY 17			WEDNESDAY 18			THURSDAY 19			FRIDAY 20			SAT 21	SUN 22
FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	STEWARD	KAWASAKI	FOUNDERS	FOUNDERS
9				9			9			9			9			9	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
10				10			10			10			10			10	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
11				11			11			11			11			11	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
12				12			12			12			12			12	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
1				1			1			1			1			1	
:15				:15			:15			:15			:15			:15	
:30				:30	Lunchtime Talk Seattle Dance /		:30			:30	Lunchtime Talk Managing Stress in the		:30		Student Showing Meeting	:30	
:45				:45	Dance as a Profession		:45			:45	Stress in the digital age		:45			:45	
2				2			2			2			2			2	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
3				3			3			3			3			3	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
4				4			4			4			4			4	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
5				5			5			5			5			5	
:15				:15			:15			:15			:15			:15	
:30				:30			:30			:30			:30			:30	
:45				:45			:45			:45			:45			:45	
6		BEG CONT Maya	6			BEG BALLET Natascha	6			BEG CONT Maya		BEG BALLET Natascha	6			BEG CONT Maya	6
:15			:15				:15			:15			:15			:15	
:30			:30				:30			:30			:30			:30	
:45			:45				:45			:45			:45			:45	
7			7				7			7			7			7	STRICTLY SEATTLE PARTICIPANTS PERFORMANCE 7pm Founders
:15			:15				:15			:15			:15			:15	
:30	BEG REHEARSE Maya		:30			BEG REHEARSE Maya	:30	BEG REHEARSE Maya		:30	BEG REHEARSE Maya		:30		BEG REHEARSE Maya	:30	
:45			:45				:45			:45			:45			:45	
8			8				8			8			8			8	
:15			:15				:15			:15			:15			:15	
:30			:30				:30			:30			:30			:30	
:45			:45				:45			:45			:45			:45	
9			9				9			9			9	INT/BEG LD Showing		9	
:15			:15				:15			:15			:15			:15	
:30			:30				:30			:30			:30			:30	
:45			:45				:45			:45			:45			:45	

STRICTY SEATTLE WEEK 3 July 23 - July 28

MONDAY 23				TUESDAY 24				WEDNESDAY 25				THURSDAY 26				FRIDAY 27				SATURDAY 28											
	FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI		FOUNDERS	STEWARD	KAWASAKI								
9				9				9				9				9				9											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
10				10				10				10				10				10											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
11				11				11				11				11				11											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
12				12				12				12				12				12											
:15				:15				:15				:15				:15				:15		BEG/INT WARM UP BPH									
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
1				1				1				1				1				1	1pm All Dancers to BPH										
:15				:15				:15				:15				:15				:15											
:30	Lunchtime Talk Creating a Home			:30				:30	Lunchtime Talk Low back pain for dancers			:30				:30				:30											
:45				:45				:45					:45				:45				:45										
2				2				2				2				2				2	2 - 4pm 2 SHOW BPH										
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
3				3				3				3				3				3											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
4				4				4				4				4				4											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
5				5				5				5				5				5											
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
6			BEG CONT Maya //	6				6		BEG CONT Maya		6		BEG BALLET Natascha //	6		BEG/INT WARM UP BPH		6		BEG/INT WARM UP BPH										
:15				:15				:15				:15				:15				:15											
:30				:30		BEG TECH Maya BPH 6:30-8:30		:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
7				7				7				7				7	7pm All Dancers to BPH			7	7pm All Dancers to BPH										
:15				:15				:15				:15				:15										:15					
:30	BEG REHEARSE Maya			:30				:30		BEG REHEARSE Maya		:30	7:30-11:30 ALL PERFORMERS DRESS REHEARSAL BPH			:30	7pm All Dancers to BPH			:30	7pm All Dancers to BPH										
:45				:45				:45				:45													:45				:45		
8					8				8							8										8	8 - 10pm SHOW 1 BPH			8	8 - 10pm SHOW 3 BPH
:15				:15				:15				:15				:15				:15											
:30				:30			BEG REHEARSE Maya	:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
9				9				9				9				9				9	SHOW 3										
:15				:15				:15				:15				:15				:15											
:30				:30				:30				:30				:30				:30											
:45				:45				:45				:45				:45				:45											
																					FAREWELL PARTY Founders										